

JumpStart

COACHING EXPERIENCE

Why JumpStart:

COACHING2TNL'S **JumpStart** is tailored for leaders ready to embrace transformation and take bold steps toward their next chapter. Whether you're navigating change, overcoming challenges, or preparing for the unexpected, JumpStart equips you with the mindset, tools, and guidance to thrive.

JumpStart is designed to:

- **Shift Your Mindset:** Whether you're embarking on a new direction, role, or venture, JumpStart helps you sharpen your focus and reframe your perspective for success.
- **Break Free from a Rut:** Feeling stuck? It happens. Staying there isn't an option. We'll help you regain momentum and reignite your passion.
- **Weather the Leadership Storm:** Whether you're bracing for an impending challenge, navigating one in real time, or recovering from a recent storm, JumpStart provides the expert support and strategies you need to lead with confidence and resilience.



Visit Us: www.coaching2tnl.org
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What You'll Get with COACHING2TNL'S *JumpStart*:

- **Personalized Coaching Sessions:** Receive six (6) one-on-one coaching sessions tailored to your unique career challenges and goals, ensuring a focused and impactful experience.
- **Strengths Inventory Report:** Gain valuable research-based insights into your behavioral strengths, core motivators, and decision-making tendencies, empowering you to make informed choices in your leadership journey.
- **Structured Preparation Tools:** Use a COACHING2TNL Pre-Coaching Session Form to set clear intentions and maximize the impact of each session.
- **On-Demand Support:** Enjoy additional access via texting and phone calls, providing guidance and support beyond your formal coaching sessions.
- **COACHING2TNL Network:** You automatically become part of a growing network of leaders and entrepreneurs across the US. This is particularly valuable when looking for new job opportunities.

Jumpstart Coaching Focuses:

- **Immediate Priorities** – Identify urgent decisions and growth areas to set the stage for focused progress.
- **Opportunities & Challenges** – Address obstacles, team dynamics, and strategic priorities to align with your role.
- **Vision & Alignment** – Refine your goals and ensure actions align with your motivators and long-term purpose.
- **Skill Building** – Develop key leadership capabilities like communication, emotional intelligence, and team influence.
- **Next Steps** – Reflect on progress, overcome barriers, and create a plan for sustained growth and success.